



Salt River Senior Center

Enter as strangers, leave as friends

540 Washington
P.O.Box 883
Afton, WY 83110
307-885-3780
www.saltrivercenter.com
Email: svsccl@silverstar.com

Board of Directors
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Vice President: Bill Day
Secretary: Dave Larson

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Lynette Beus
Gary Hancock

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Kristen Heiner
Volunteer Drivers
Cindy Sypherd
Gary Paul
Sandy and Don Capps
Craig and Shelly Vorwaller
Oak VonSeggern

February 2024

Activities



February 5th
Centsible Nutrition Class @ 1:00
each Monday right after lunch
Call Cassie Jaspersen 885-3132

Produce Delivery Days
February 13th & February 27th
Seniors come in for lunch and pick up
produce

February 8th
Making Rope Wreaths with Mary @ 1:00
Call center to reserve

February 14th - Valentines Day
Bring your sweetheart or your friend to
lunch, we will be serving steak, baked
potato and raspberry cream cheese
dessert

February 19th - Presidents Day
We Are Open!

February 23rd
Banana Bread Day
Come in for some delicious bread with
your lunch





February Birthdays



1. Peggy Erickson
2. Diana Coles
2. Ned Eddins
4. Leslie Tippetts
4. Donna Burton
4. Tom Davis
5. Jane Hood
6. Lynette Hathaway
6. Joyce Hancock
7. Janet Perry
7. Linda Lee
7. Karen Aldridge
11. Evan Simpson
11. Jolynn Beck
11. Lorna Eggleston
11. kathy Clark
13. Kay Cox
15. Edward Lisota
15. Eldon Louder
16. Jennifer Heap
16. Walter Humbert
17. Frances Allred
18. Kitty Borden
18. Harry Keyfauber
22. Oak VonSeggern
26. Cloyde Anglesey
26. Kim Tippetts
27. LueDene Jenkins



**We invite you to join us the week
of February 11-17, 2024 for
Random Act of Kindess Week!**

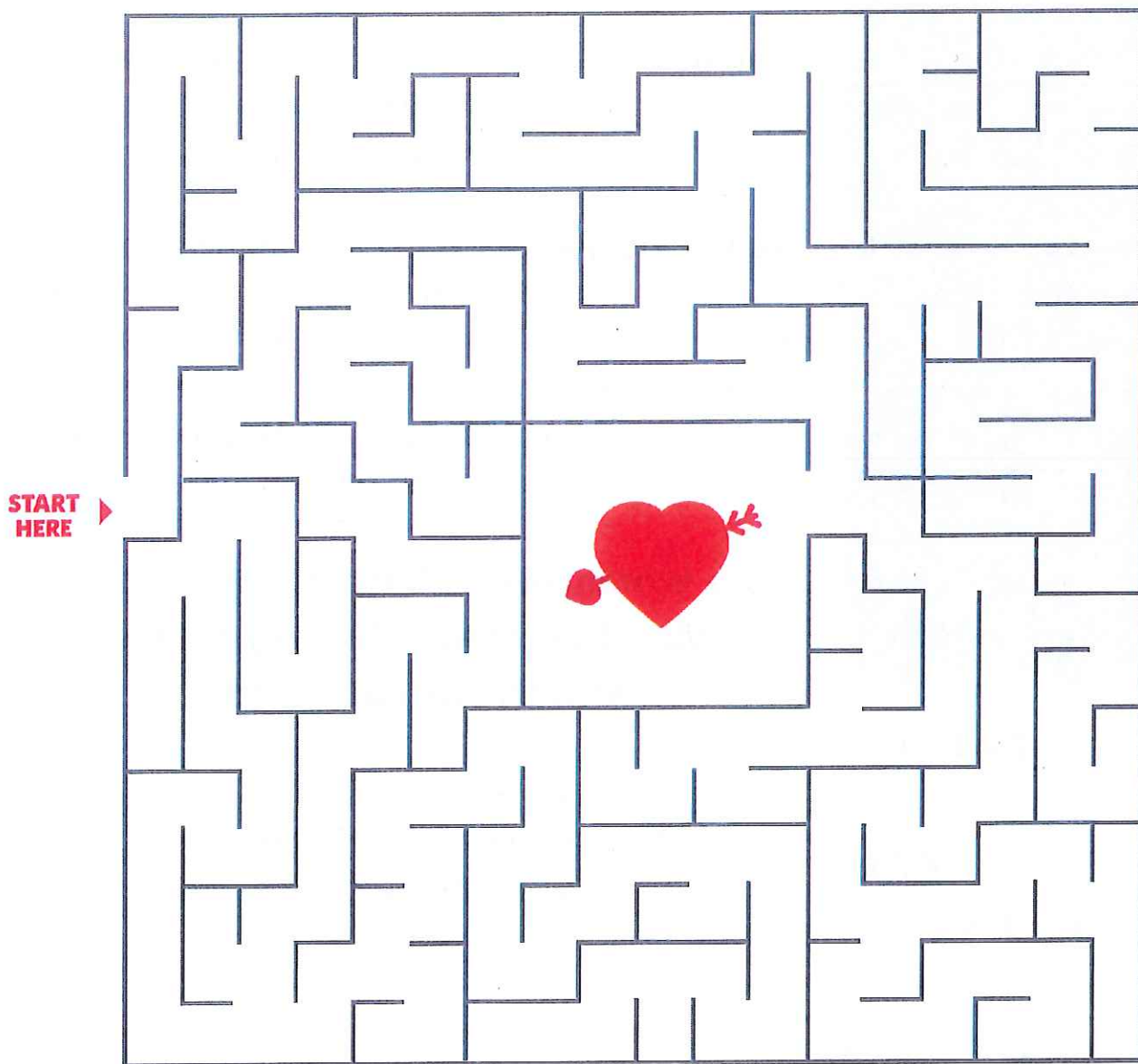
www.kindnesswyoming.org



VALENTINE'S DAY MAZE

Find your way through the maze to reach the heart in the center.

Happy Valentine's Day!





Free
cookbook &
kitchen
tools!

EAT HEALTHY *for less*

Learn to save money and time at the grocery store, cook healthier meals faster, and stretch your food dollars.

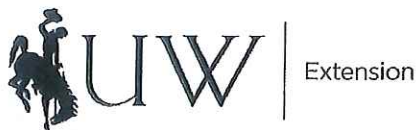
Join the Cent\$ible Nutrition Program

Mondays Feb 5-Mar 25, 2024

1pm

Salt River Senior Center, Afton WY

Cassie Jasperson-(307)885-3132 or cpluhar@uwyo.edu



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DOLLAR -A-MONTH CLUB

The Dollar-A-Month Club is a means of aiding the funding for publication of this newsletter. It is based on a voluntary contribution of one dollar per month.

Last updated 12/24/23

Laura Anderson

May Baker

Bev Baxter

Lynette Beus

Ralph & Mollie Bonner

Rhonda & Steve Bowen

Becky & Larry Booth

Orson Brierley

Michael & Connie Brown

Ellen Bruderer

Sherma Campbell

Sandi & Don Capps

Joan Clark

Kathy Clark

Ed & Maxine Coffey

Richard Collins

Roger & Diana Coles

Nancy Cranney

Grady Creamer

Tommy Cynova

Bill & Connie Day

Kit Dejournett

Darald Erickson

Jim & Hermoine Erickson

Kent & Polly Erickson

Dennis & Sandra Fretag

DeeAnn Gardner

Loa Mae Harmon

Sandy Henderson

Kathie Nunn

Gary Hess

Layna Hader lie

Nan Hincks

Carol Hoskins

Walt & Gail Humbert

Jim & Janis Hunsaker

Clealon Hyde

Ruth Irick

Kirk & Barbara Jensen

Beverly Johnson

Harry & Cynthia Keyfauber

Lew & Kathy Lamb

Nada Joy Larson

Dave Larson

Ed Lisota

Eldon & Karen Louder

Carla Lowe

Patricia Magee

Joyce McDonald

Peggy Mc Junkin

Buzz & Lori McManus

Max & Mary Merritt

Gwen Nelson

Farrell & Carol Nield

Loa Nield

Paula Nield

Gae Perkes

Errine Pogetti

Lucy Probyn

Ernest Poggetti

Bill & Diana Ponciano

Shirley Hare

Ray & Judy Prescott

Susanne Roberts

Alice Robinson

Red Rote

Edith Schroder

Judy Shumway

Cindy Sypherd

Melanie Taylor

Kim & Leslie Tippetts

Victor & Susan Toganazzini

Laura Tolman

Bruce Turner

Craig & Shelly Vorwaller

Elcie Walker

Calvin & Judy Wallace

Keith Westover

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Shirley Hare

Jim & Susan Weeks

Thank you!

All Donations are greatly appreciated! If we have forgotten to acknowledge your generosity, please let us know.