

# Activities in October

**Tues, 7<sup>th</sup> – Food Bank Delivery**

**Tues, 7<sup>th</sup> – Craft with Mary at 1:00**

**Friday 10<sup>th</sup> – Blood Pressure checks at 11:00am**

**October 13, & 14 at 11:00am and Oct 15 & 17 at 9:00 am  
Eric Jenkins Medicare Seminar**

**Thursday 23<sup>rd</sup> – Sound Bath/Meditation**

**Friday 24<sup>th</sup> – Physical Therapist Kenny Smith**

**Tues 28<sup>th</sup> – Produce Delivery**

**Fri 31<sup>st</sup> – Halloween Lunch**