

Salt River Senior Center Apul Menu 2024

1	2	3	4	5
Country Fried Steak Mixed Salad WW Roll Bananas Blueberry Crisp	Chicken Enchilada Corn & Zucchini Mexicana Tossed Salad w/ Italian Grapes Dessert	Vegetable Soup Fruit Salad Hot Roll Dessert	Shepherds Pie Garden Vegetable Salad Tangy Carrots Roll Applesauce Cake	Pizza w/ Meat & Veggies Tossed Salad w/ Garbanzo Beans Carrot & Apple Salad Dessert
8 Beef Stroganoff Lettuce Salad Herb Broccoli Hot Roll Fluffy Fruit Cup	9 Lemon Pepper Chicken Au Gratin Potatoes Spinach Salad Italian Vegetables Homemade Bread w/w	10 Sweet & Sour Meatballs Tossed Salad Oriental Vegetables Sliced Bananas Dessert	11 Chicken Pot Pie Mixed Green Salad Green Beans Dessert	Hamburger Steak Whipped Potatoes Carrot & Celery Salad Steamed Cabbage Homemade Bread w/w Pineapple & Strawberries
	Plum Betty			
15 Chicken & Herb Fettuccine Strawberry Spinach Salad Vegetable Wheat Roll Berry Pie	16 Pulled Pork Sandwich Roasted Potatoes Green Beans Roll Dessert	17 Chicken Noodle Soup Garden Salad Mixed Fruit Cinnamon Roll	18 Cold Ham & Cheese Pasta Salad Mandarin Oranges Dessert	Head Chicken Garlic Mashed Potatoes Asparagus Wheat Roll Fruit Ambrosia
Spaghetti Garden Salad Asparagus Bread stick Dessert	23 Chicken Salad on a Roll Pasta Salad Fruit Dessert	24 Cheesy Potato Soup Chef Salad Wheat Roll Bananas Dessert	25 Swiss Steak Spinach Salad California Vegetables French Bread Dessert	26 Roast Pork California Vegetables WW Roll Chilled Apricots Peach and Orange Delight
Malibu Chicken Tossed Salad Roll Apricots Dessert	30 Cheesy Beef Stuffed Shells Lettuce Salad Hot Roll Apple Crisp		NOTICE Meals are subject to change without notice at anytime	PLEASE call to reserve your curb side meal @307-885-3780 before 9:30 am pickup available between 11:30-12:30 Monday-Friday



