Salt River Senior Center

OCTOBER MENU 2024

NOTICE	1	2	3	4
Meals are subject to change without notice at anytime	Chicken Strips Vaggie Salad Rice Roll Dessert	Texas Hash Carrot Coins Fruit Salad Dessert	Hawaiin Chicken Hashbrowns Tossed Salad Hot Roll	Roast Beef Scallop Sweet Potatoes California Vegetables Salad Hot Roll Dessert
7	8	9	10	11
Chicken Alfredo W/ Sauce Garden Veggie Salad Garlic Bread Strawberries & Bananas	Biscuits & Gravy Spanish Rice Steamed Broccoli Pineapple Dessert	Shepherds Pie Spinach Salad Mixed Vegetables Wheat Roll Dessert	Chicken Pot Pie Mixed Green Salad Green Beans Fruit Pizza	Baked Ham Scalloped Potatoes Tossed Salad Wheat Roll Dessert
14	15	16	17	18
Beef Stroganoff Potatoes Wheat Roll Mixed Berries Dessert	Pulled Pork Sandwich Baked Beans Garden Rice Coleslaw Dessert	Chicken Noodle Soup Relish Tray Strawberry Spinach Salad Cinnamon Roll	Pizza Tossed Salad Corn Fruit	Hamburger Steak Mashed Potatoes Veggie Salad Chilled Pears Roll Dessert
21	22	23	24	25
Spaghetti Coleslaw Carrott Coins Wheat Roll Dessert	Teriyaki Chicken Steamed Rice California Blend Veggies Bread Dessert	Beef Stew 3 Bean Salad Melon Cup Dessert	Chicken Enchiladas Rice Veggie Salad Wheat Roll Tropical Fruit Dessert	Pork Chops Mashed Potatoes Tossed Salad Broccoli Hot Roll Dessert
Baked Fish Macaroni & Cheese Steamed Broccoli Chilled Apricots Dessert	Hot Turkey Sandwhich Baked Potatoe Spinach Salad French Bread Dessert	30 Loaded Baked Potato Salad Bar Wheat Roll Dessert	Chicken Haystacks Brown Rice Steamed Broccoli Hot Roll Dessert	PLEASE call to reserve your curb side meal @307-885-3780 before 9:30 am pickup available between 11:30-12:30 Monday-Friday







