



OCTOBER 2026

SALT RIVER SENIOR CENTER



	<i>PLEASE call to reserve your curb side meal @307-885-3780 before 9:30 am pickup available between 11:30-12:30 Monday-Friday</i>	NOTICE <i>Meals are Subject to change without notice. Thank you</i>	1 Chef Salad Carrott Stick Garnish Fruit & Marshmallow Cup Bread Chocolate Chip Cookie	2 German Meatballs German Fried Potatoes German Cucumber Salad Bread Stick German Chocolate Cake
5 Chicken Noodle Soup Mixed Relish Tray Spinach Salad Cinnamon Roll	6 Beef Enchiladas Tossed Salad Corn Chuck Wagon Blend Wheat Roll Fruit Dessert	7 Scalloped Potatoes & Ham Green Beans Carrot & Celery Tray Fruit Salad Wheat Roll Dessert	8 Parmesan Chicken Basil & Garlic Pasta Garden Vegetable Salad Italian Vegetables WW Roll Fast Fruit Salad	9 Yankee Pot Roast Carrots and Potatoes Green Beans Pickled Beets Hot Roll Dessert
12 Beef Stroganoff Buttered Noodles Cole Slaw Mixed Vegetables Wheat Roll Dessert	13 Lemon Baked Chicken Rice Pilaf Veggie Salad Sliced Oranges WW Roll Dessert	14 Sweet & Sour Pork Steamed Rice Spinach Mushroom Salad Peas & Carrots Mix Egg Roll Dessert	15 Beef Stew Asparagus Veggie Salad Corn Bread Dessert	16 Chicken Cacciatore Creamy Polenta Mixed Green Salad Steamed Broccoli White Roll Dessert
19 Biscuits & Sausage Gravy Roasted Potatoes Fruit Cup Dessert	20 Chicken Salad Sandwich Pasta Salad Mixed Green Salad Fruit Dessert	21 Salisbury Steak Baked Potato Fruit & Cottage Chesse Wheat Roll Dessert	22 Corn Chowder Tossed Salad w/ Dressing Veggie Salad Fruit & Marshmallow Cup Drop Biscuits Dessert	23 Philly Cheesesteak Sandwich Oven Roasted Potatoes Veggie Salad w/ Beans Carrot and Raisin Salad Dessert
26 Chicken and Herbed Fettuccine California Blend Veggies Grapes and Banans Wheat Roll Dessert	27 Soft Shell Tacos Mixed Relish Tray Mexicali Corn Refried Beans Salsa Dessert	28 Hawaiian Chicken Rice Garden Vegetable Salad Herbed Green Beans Wheat Roll Applesauce Cake	29 Sloppy Joe Potato Salad Carrot Coins Fruit Cup Brownie	30 Creamed Chicken Haystack Brown Rice Tossed Salad Herbed Broccoli Roll Dessert

