



September 2026

Salt River Senior Center



	1 BBQ Pork Sandwich Potato Salad Relish Tray Steamed Zucchini Dessert	2 Beef and Broccoli Fried Rice California Veggies Wheat Roll Dessert	3 Tamale Pie Tomato / Lettuce salad Vegetables Tropical Fruit Dessert	4 Spaghetti /Meat Sauce Noodles Spinach Salad Asparagus Breadstick Dessert
7 Labor Day Closed	8 Cheeseburger Potato Wedges Creamy Coleslaw Lettuce, Tomato, Onion Dessert	9 Sweet/Sour Chicken Brown Rice Spinach Salad Broccoli Roll Dessert	10 Stuff Peppers Rice Garden Veggie Salad Fruit Jello Salad Roll Dessert	11 Beef Tips & Gravy Noodles Green Beans Lettuce Salad Roll Dessert
14 Loaded Baked Potato Chili Con Carne Cheese Sauce Steamed Broccoli Wheat Roll Dessert	15 Cheesy Beef Pasta Steamed Broccoli Veggie Salad Garlic Bread Dessert	16 French Dip Sandwich Roasted Red Potatoes Garden Veggie Salad Cottage Cheese Dessert	17 Meat Loaf Baked Potato Green Salad Carrot Coins Roll Chocolate Cake	18 Baked Pork Chop Mashed Potatoes Italian Vegetables WW Roll Dessert
21 Swedish Meat Balls Rice Green Beans Fruit Hot Roll Dessert	22 Taco Salad Corn Chips Black Beans Salsa Canteloupe Dessert	23 Sub Sandwich Creamy Coleslaw 3 Bean Salad Potato Chips Fruit Dessert	24 Chicken Fajitas Spanish Rice Steamed Broccoli Lettuce & Tomato Fruit Dessert	25 Meat and Veggie Pizza Tossed Green Salad Fruit Breadstick Dessert
28 Hamburger Steak Mashed Potatoes Corn Carrot & Celery Salad Wheat Roll Dessert	29 Teriyaki Chicken Brown Rice Spinach Salad Roll Tropical Fruit Dessert	30 Scrambled Eggs Ham French Toast Bananas and Yogurt Orange Juice	<i>PLEASE call to reserve your curb side meal @307-885-3780 before 9:30 am pickup available between 11:30-12:30 Monday-Friday</i>	NOTICE <i>Meals are Subject to change without notice. Thank you</i>